



# GOOD CHEER HARVEST PARTY AND MUSIC FEST

2013

Saturday, September 14 11a.m. to 3 p.m. Good Cheer Food Bank in Bayview

### MusicFest

Chitsuwo Marimba & Mwoyo Marimba  
Steve Showell, Joanne Rouse & Fiddle Friends  
Karin Blaine  
Quinn Fitzpatrick  
Julie Pigott & Buffy Cribbs  
Bob Effertz - Playng Digeridoos with anyone playful enough to join along

### Free Family Activities

Sno-Isle Library Activities  
Veggie Critters  
Veggie Printmaking  
Tile Painting  
Garden Bingo  
Blindfold Herb/Veggie Tasting

### Free Garden Workshops

- How Does Your Garden Grow? (11am)  
*End of season crops, cover crops for fertility, getting your garden ready for the next season and general Q&A. Presented by Cary Peterson*
- Learn Composting 101 (12:30pm)  
*Compost is the key to successfully growing vegetables organically. Learn how! Presented by Janet Hall, WSU Extension*
- In Ground Worm Bins (2pm)  
*How to turn your food scraps into worm castings, an excellent garden ammendment. Presented by Cary Peterson*

### Free Cooking Workshops

- Juicing Class & Tasting (11am)
- Drying Fruits, Veggies & Raw Crackers (Noon)
- Making Fresh Soups (1pm)
- Making Fresh Pesto (2pm)

### Fun Food

Good Cheer Board Members  
Root Beer Floats  
Good Cheer Food Bank Chefs  
Tastings from All the Food Workshops  
Good Cheer Crew  
Tasty Tacos  
CMA Soup Kitchen...  
Beet Soup  
Good Cheer Garden  
Organic and VERY fresh Salad  
**PLUS MORE!**

See the schedule online at [www.goodcheer.org](http://www.goodcheer.org)

### Garden Tours

### Food Bank Tours

### Tractor Raffle

### Screen Raffle

### GCCompost Raffle

Photos of Past Year's Fun - Join Us for More Fun Times



Thank You to Our Honeybee Sponsors of  
Fresh Food on the Table

